



**Family and Consumer Sciences**  
2012-2013

Course Description:

FAMILY AND CONSUMER SCIENCES provides an educational foundation necessary for the successful management of the contemporary home. This course deals with self-discovery, individual maturation, management of human and material resources, as well as meeting the more commonly regarded basic needs of individuals and families (food, clothing, and shelter). The student is responsible for supplying construction project materials. Instruction in kitchen safety and sanitation is included in lessons on food preparation techniques.

Course Content:

Understanding Myself and Others

- Improving communication skills
- Roles and relationships
- Decision making and problem solving

Foods and Nutrition

- Food pyramid and wellness
- Meal planning
- Kitchen safety and equipment
- Food preparation

Creative Clothing

- Fashion
- Clothing selection and care
- Fabrics and sewing terms
- Equipment
- Pattern selection and clothing construction

Learning About Children

- Child development
- Needs of children
- Children learn through play

Required Textbooks and/or Other Reading/Research Materials

No textbook

Course Requirements:

Students are expected to complete all projects, labs, tests and assignments. Failure to do so will affect the student's overall grade

Grade Components/Assessments:

Grades will be based on total points earned/points possible. The following methods will be used to assess and evaluate student performance

Tests/ Projects/ Alternative Assessment

Lab work

Class activities/homework

Each marking period is worth 20% of a student's overall grade. The midterm and final exam are each worth 10% of a student's overall average:

Quarter 1	20%
Quarter 2	20%
<b>Midterm</b>	<b>10%</b>
Quarter 3	20%
Quarter 4	20%
<b>Final</b>	<b>10%</b>

Required Summer Reading/Assignments:

No summer reading required